

Having Your Say about what matters to you – Health & Social Care

scottish
health
council

making sure
your voice counts



Having your say...aims of today



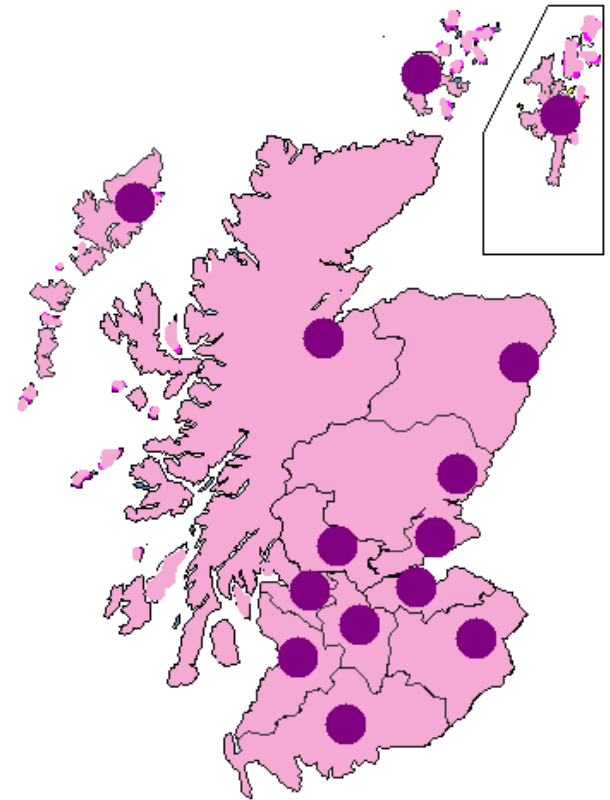
We want to know what you know!

- Are there any gaps in your knowledge about Health or care services?
- Do you think it is important that young people are involved?
- What stops this happening?
- How would you like to be involved?



Who are we?

- We are part of Healthcare Improvement Scotland
- We have an office (14) in every NHS Board area across Scotland and a national office based in Glasgow
- Our role is to help communities get more involved in decisions about health and social care services – do you know what **health and social care** is?



Quick Questions



b.1,

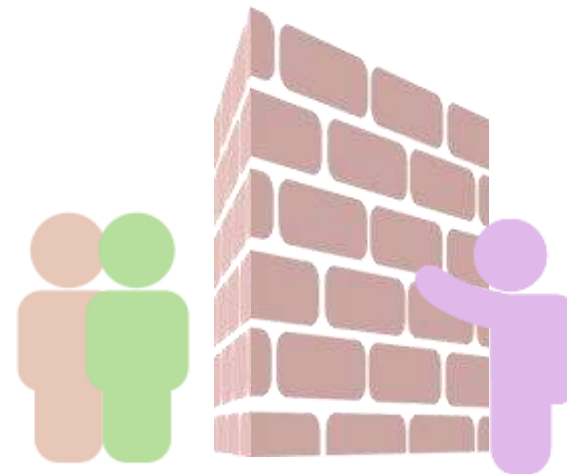
popu
1,32



Working with others

It's important to make sure you stay healthy and get the right support. To do that you need to feel comfortable with who you talk to

- What can make it easier for someone to talk about the support they need to stay healthy and happy?
- What sort of thing can make it harder for people to get the help they need and share their opinions?



Priority Setting



When you bring a large group of people together, you can quickly end up with lots of different ideas about the most important topics to tackle first.

- Lets try and narrow down some of the ideas you've all just came up with.
- Choose four things you think are the most important to change or champion and give them each a dot.



So What?

Collective voice & working together!



Putting your point across a group or community makes everyone's voices stronger, and more likely to be heard and responded to.

Ultimate goal

- Better Health
- Better Services
- Feeling confident & able
- Safer communities
- Everyone working together



There are lots of things to consider:



- What **good health** means to you and others, and how we balance all the different aspects of our lives.
- What services **should we use** when we are ill or in need.
- How people can find out where to get **help and support?**
- How we use each others **personal experiences** to influence changing things for the better
- Your **rights** as a member of society and how they affect the help and support you can access.

We can draw from all of to help make a **difference** for ourselves and our community

How do we find solutions?



Lets go through the top topics in smaller groups:

- Using the post-it notes, write out your suggestions!

Lets think about;

- how to overcome a problem or encourage positive interactions with services
- what difference tackling this issue would have for you and other young people
- what it could mean for staff working in these teams

Next steps

We're hoping to visit the other schools in East Renfrewshire to listen to what other pupils have to say about health and social care.

Then we'd like to pull all the information together about what everyone's said (anonymously) to help the Health and Social Care Partnership know what you all think.

Contact **Lorna** at lorna.mcilreavy@scottishhealthcouncil.org

or **Paul** on paul.hayes@scottishhealthcouncil.org

